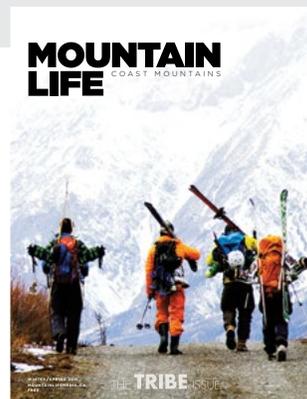
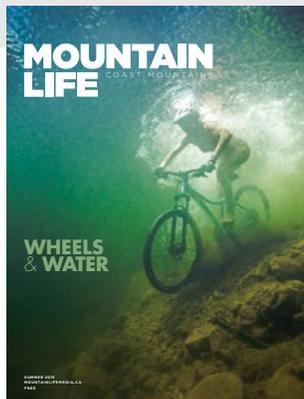
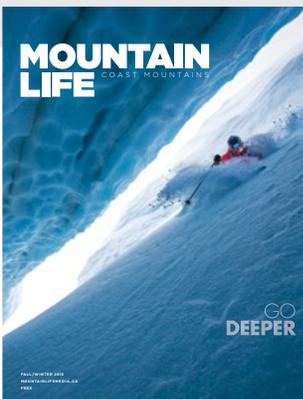


PHOTOGRAPHER'S GUIDELINES



Thanks for your interest in contributing to Mountain Life. Photography has been, and still remains, the key element to the popularity and success of our magazine. We are proud of our commitment to publishing the very best imagery from the Sea to Sky and beyond from some of the world's best mountain culture, lifestyle and outdoor sports photographers in the world.

PHOTO SUBMISSION

We appreciate very tight edits with only the best of your imagery. If you have never seen or read an issue of *Mountain Life*, please pick up a copy and check out the photography inside the pages to get an idea of the calibre of imagery we publish. Our readers are very savvy in the outdoor world, they want to see awe-inspiring images time and time again—and we want to keep showing them the cream of the crop. Please note that, with the exception of our Travel and Epic Trip sections, almost all of our imagery features life within the Sea to Sky territory. Please send all low-res imagery at 12"x8" at 72 dpi, in JPG format via email to todd@mountainlifemedia.ca and CCamelie@mountainlifemedia.ca, jon@mountainlifemedia.ca and feet@mountainlifemedia.ca.

METADATA

Because of the large volume of photography we see for each issue, **it is imperative that all of your imagery is labelled with correct metadata**. Please include location, name of 'athlete' or whomever appears in each photograph, and the date the image was taken. Images without metadata will not be considered for publication.

HIGH RESOLUTION FILES

Should we request high-res imagery, please upload files as **full-resolution DNG or TIF files**, and send a folder (with your FIRST and LAST name) via **WeTransfer to todd@mountainlifemedia.ca**. Other options to submit the high-res file is to share a Dropbox folder with todd@mountainlifemedia.ca and CCamelie@mountainlifemedia.ca. Alternatively, you may upload a folder to our FTP using the details below. Make sure to create a folder with your first and last name and to email a notification to todd@mountainlifemedia.ca upon completion of the upload.

Site: [ftp.mountainlifecoastal.ca](ftp://ftp.mountainlifecoastal.ca)
Username: mlcm@mountainlifecoastal.ca
password: [ridepow!](http://ridepow.com)

USAGE RIGHTS & RATES

We value and respect the intellectual property of our writers and photographers, and pay them above-average rates in Canadian magazine media. If we are able to publish your work in any of our print publications, usage terms shall also extend to all of our digital properties and social media channels as well. This has become a necessary step in the evolution of today's modern media landscape. Our intention is to pay you for your time and expertise, while at the same time promoting and helping showcase your work accordingly in both print and digital realms. Payment rates are as follows:

Cover	\$300.00
Double Page Spread	\$250.00
Full Page	\$150.00
Half Page	\$75.00
Quarter page	\$40.00
Inset	\$25.00
Features	\$700.00

MOUNTAIN LIFE COAST MOUNTAINS